



www.hhsvolunteers.org

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PROGRAM FACT SHEET

What is mentoring?

Mentoring is a one-to-one relationship overtime, through which an adult fosters the development of character, competence, self-confidence, and self esteem in a young person. It is the empowerment of each youth through the development of his/her abilities through positive, engaging role models.

What do mentors do?

- Give individual attention to youth who may feel that no one cares
- Help youth learn skills to strengthen their self-esteem and self-confidence
- Help youth to build trust and attachment through consistent contact
- Exposes youth to new experiences and places
- Offers opportunity to learn new skills or hobbies
- Assist them to feel safe and secure through a supportive and trusting relationship
- Encourages school, addresses independent living skills, continuing education, and employment avenues with youth (if age appropriate)
- Help youth learn positive techniques to cope with stress and develop and/or strengthen problem solving skills, decision making skills and improve behaviors
- Assists in setting goals, based on what the youth/ child's needs are
- Listens without judgment and expresses a positive outlook on life
- Be a positive role model

Who qualifies for a mentor?

- Youth between the ages of 6-17 who are involved with the Juvenile Justice System or Child Welfare System through Outagamie County Human Services.
- Youth who are willing to participate and want a mentor.

Who can be a mentor?

A mature adult (age 18 or older) who is willing to invest 4-8 hours a month with a youth. Each mentor is expected to make at least a 6-month commitment to the youth and fulfill initial training requirements. Mentors must pass a criminal record check, DMV check, and child welfare background check. Mentors also need 3 personal references and automobile insurance since they will be transporting youth.

Questions?

For more information or questions regarding the Mentoring Program, contact Nikki Gingras (920) 832-2460 or Kayla Yernesek (920) 832-2223, Program Coordinators, at Outagamie County Youth and Family Services, 500 W. Fifth St., Appleton, WI. 54911 or email HHSMentors@outagamie.org.